



## OSHA 10 Construction CLASS ITINERARY BY JIM BRAUNER

### DAY 1:

6:00 AM to 7:00 AM:	Introduction to OSHA
7:00 AM to 8:00 AM:	Health Hazards in Construction
8:00 AM to 8:15 AM:	Class Mandatory Break
8:15 AM to 10:15 AM:	Falls in Construction
10:15 AM to 10:30 AM:	Class Mandatory Break
10:30 AM to 11:00 AM:	Struck by in Construction
11:00 AM to 11:30 AM:	Caught in Between in Construction
11:30 AM to 12:00 PM	Class Mandatory Lunch Break
12:00 PM to 1:00 PM:	Electrocution in Construction
1:00 PM to 1:30 PM:	Tools Power and Hand in Construction
1:30 PM to 2:00 PM:	Scaffolds in Construction
2:00 PM to 2:30 PM:	Class Mandatory Break
2:30 PM to 3:00 PM:	PPE in Construction

End of First day of OSHA Training

### Day 2:

6:00 AM to 7:00 AM:	Ladder Safety in Construction
7:00 AM to 8:00 AM:	Material Handling in Construction
8:00 AM to 8:30 AM:	Mandatory Class Break

8:30 AM to 9:00 AM

Excavations in Construction

9:00 AM to 10:00 AM

Alternate testing

Students will be engaged throughout the class. They become part of the class.

Each Team Member will be given a Book that they can take home with them. This book contains a lot of roofing related information

There is Book Work during class along with quizzes that allows me the opportunity to make sure that team members completely understand the information that we are going over during the class.

There are power point presentation also during class.

There are videos that are watched during class.

There is hands on during class. Each student needs to bring a harness with them.

I have over 39 years of experience in Roofing and being a professional instructor teaching roofing team members about safety and operation of equipment safely.

Quality instruction doesn't cost it pays.

I look forward to working with your team.

I do nation wide training across the USA and Canada.

Jim Brauner



OSHA 30 DAILY CLASS AGENDA: DAY # 1 Date: \_\_\_\_\_

Contractor: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Contact: \_\_\_\_\_

Trainer Name And Signature: \_\_\_\_\_

6:00 AM – 7:00 AM	Introduction To OSHA
7:00 AM - 8:00 AM	Fall Protection 1 of 4 Days
8:00 AM - 8:15 AM	Mandatory Class Break 15 Minutes
8:15 AM - 9:15 AM	Electrical Hazards in Construction
9:15 AM – 10:15 AM	Struck By Hazards in Construction
10:15 AM- 10:30 AM	Mandatory Class Break 15 Minutes
10:30 AM – 11:30 AM	Caught In Between Hazards
11:30 AM – 12:00 PM	Mandatory Lunch Break 30 Minutes
12:00 PM – 2:00 PM	PPE In Construction
2:00 PM – 2:15 PM	Mandatory Class Break 15 Minutes
2:15 PM - 2:45 PM	Cranes, Derricks, Hoists
2:45 PM- 3:45 PM	Quizzes, Tests, Paperwork

Total Teaching Hours Day # 1 was 7.5 Hours with Students

Trainer Signature \_\_\_\_\_



OSHA 30 DAILY CLASS AGENDA: DAY # 2 Date: \_\_\_\_\_

Contractor: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Contact: \_\_\_\_\_

Trainer Name And Signature: \_\_\_\_\_

6:00 AM – 7:00 AM	Stairways and Ladders
7:00 AM - 8:00 AM	Fall Protection 2 of 4 Days
8:00 AM - 8:15 AM	Mandatory Class Break 15 Minutes
8:15 AM - 9:15 AM	Confined Spaces in Construction
9:15 AM – 10:15 AM	Ergonomics in Construction
10:15 AM- 10:30 AM	Mandatory Class Break 15 Minutes
10:30 AM – 11:30 AM	Fire Protection and Prevention
11:30 AM – 12:00 PM	Mandatory Lunch Break 30 Minutes
12:00 PM – 2:00 PM	Managing Safety and Health
2:00 PM – 2:15 PM	Mandatory Class Break 15 Minutes
2:15 PM - 2:45 PM	Scaffolds in Construction
2:45 PM- 3:45 PM	Quizzes, Tests, Paperwork

Total Teaching Hours Day # 2 was 7.5 Hours with Students

Trainer Signature \_\_\_\_\_



OSHA 30 DAILY CLASS AGENDA: DAY # 3 Date: \_\_\_\_\_

Contractor: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Contact: \_\_\_\_\_

Trainer Name And Signature: \_\_\_\_\_

6:00 AM – 7:00 AM	Material Handling in Construction (1)
7:00 AM - 8:00 AM	Material Handling in Construction (2)
8:00 AM - 8:15 AM	Mandatory Class Break 15 Minutes
8:15 AM - 9:15 AM	Fall Protection 3 of 4 Days
9:15 AM – 10:15 AM	Scaffolds in Construction
10:15 AM- 10:30 AM	Mandatory Class Break 15 Minutes
10:30 AM – 11:30 AM	Motor Vehicles in Construction
11:30 AM – 12:00 PM	Mandatory Lunch Break 30 Minutes
12:00 PM – 2:00 PM	Excavations in Construction
2:00 PM – 2:15 PM	Mandatory Class Break 15 Minutes
2:15 PM - 2:45 PM	Tools Hand and Power in Construction
2:45 PM- 3:45 PM	Quizzes, Tests, Paperwork

Total Teaching Hours Day # 3 was 7.5 Hours with Students

Trainer Signature \_\_\_\_\_



OSHA 30 DAILY CLASS AGENDA: DAY # 4 Date: \_\_\_\_\_

Contractor: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Contact: \_\_\_\_\_

Trainer Name And Signature \_\_\_\_\_

6:00 AM – 7:00 AM	Powered Industrial Vehicle (1)
7:00 AM – 8:00 AM	Powered Industrial Vehicle (2)
8:00 AM – 8:15 AM	Mandatory Class Break 15 Minutes
8:15 AM – 9:15 AM	Fall Protection 4 of 4 Days
9:15 AM – 10:15 AM	Health Hazards in Construction (1)
10:15 AM -10:30 AM	Mandatory Class Break 15 Minutes
10:30 AM – 11:30 AM	Health Hazards in Construction (2)
11:30 AM – 12:00 PM	Mandatory Lunch Break 30 Minutes
12:00 PM - 1:00 PM	Safety and Health in Construction
1:00 PM - 2:00 PM	Stairways and Ladders (2)
2:00 PM – 2:15 PM	Mandatory Class Break 15 Minutes
2:15 PM – 2:45 PM	Tools Hand and Power in Construction
2:45 PM – 3:45 PM	Quizzes, Tests, Paperwork

Total Teaching Hours Day # 4 was 7.5 Hours with Students

Total Teaching Hours 4 days was 30 Hours with Students

Trainer Signature \_\_\_\_\_